

# Summer Skate School



June 4 - August 10, 2018

**NELSON CENTER (1601 N. 5TH STREET - SPRINGFIELD, IL 62702)**

*For more information please call (217) 753-2800. (Class dates & times are tentative.)*

<p><b><u>INTRO. TO SPINS (^Drop-In)</u></b> Our Introduction to Spins Class will teach 2-Foot, 1-Foot and Scratch Spins.</p> <p><b>Date:</b> June 4 - August 6, 2018 <b>No Class:</b> <i>June 18, 25 July 23</i> <b>Day(s):</b> Monday(s) <b>Time(s):</b> 11:30am to 12:00pm <b>Instructor(s):</b> COURTNEY</p>	<p><b><u>INTRO. MOVES-N-FIELD (^Drop-In)</u></b> Our Introduction to Moves In the Field Class will go over; basic turns, edges, footwork skated patterns using the full ice surface.</p> <p><b>Date:</b> June 4 - August 6, 2018 <b>No Class:</b> <i>June 18, 25 July 23</i> <b>Day(s):</b> Monday(s) <b>Time(s):</b> 2:15pm to 2:45pm <b>Instructor(s):</b> BAILEY</p>	<p><b><u>INTRO. TO FIGURES (^Drop-In)</u></b> Our Introduction To Figures Class emphasizes on body control and edges/turns. Each skill requires great concentration and discipline.</p> <p><b>Date:</b> June 4 - August 6, 2018 <b>No Class:</b> <i>June 18, 25 July 23</i> <b>Day(s):</b> Monday(s) <b>Time(s):</b> 5:45am to 6:15am <b>Instructor(s):</b> GINNIE</p>
<p><b><u>LOW SPINS (^Drop-In)</u></b> To be eligible for our Low Spins Class you must be able to do a 2-Foot Spin, 1-Foot Spin and minimum of 3 revolution Front Scratch Spin from a Back Crossover Entry.</p> <p><b>Date:</b> June 6 - August 8, 2018 <b>No Class:</b> <i>June 20, 27 July 4, 25</i> <b>Day(s):</b> Wednesday(s) <b>Time(s):</b> 9:15am to 9:45am <b>Instructor(s):</b> ABBIE, COURTNEY, TONI</p>	<p><b><u>LOW STROKING (^Drop-In)</u></b> To be eligible for our Low Stroking Class you must be in Basic 6 and have not passed any U.F.S.S Free Style tests.</p> <p><b>Date:</b> June 6 - August 8, 2018 <b>No Class:</b> <i>June 20, 22, 27, 29 July 4, 6, 25, 27</i> <b>Day(s):</b> Wednesday(s) &amp; Thursday(s) <b>Time(s):</b> 11:45am to 12:15pm (W) 9:15am to 9:45am (Th) <b>Instructor(s):</b> COURTNEY (W) &amp; BAILEY (Th)</p>	<p><b><u>LOW JUMPS (^Drop-In)</u></b> To be eligible for our Low Jumps Class you must be able to do a 2-Foot Hop and Bunny Hop.</p> <p><b>Date:</b> June 6 - August 8, 2018 <b>No Class:</b> <i>June 20, 27 July 4, 25</i> <b>Day(s):</b> Wednesday(s) <b>Time(s):</b> 5:00pm to 5:30pm <b>Instructor(s):</b> JASMINE</p>
<p><b><u>INTERMEDIATE SPINS (^Drop-In)</u></b> To be eligible for our Intermediate Spins Class you must be able to complete all Basic Spin positions, front and back.</p> <p><b>Date:</b> June 6 - August 8, 2018 <b>No Class:</b> <i>June 20, 27 July 4, 25</i> <b>Day(s):</b> Wednesday(s) <b>Time(s):</b> 9:15am to 9:45am <b>Instructor(s):</b> ABBIE, COURTNEY, TONI</p>	<p><b><u>INTERMEDIATE STROKING (^Drop-In)</u></b> To be eligible for Intermediate Stroking Class you must have passed Pre-preliminary or Preliminary Free Style test.</p> <p><b>Date:</b> June 4 - August 6, 2018 <b>No Class:</b> <i>June 18, 25 July 23</i> <b>Day(s):</b> Monday(s) <b>Time(s):</b> 9:15am to 9:45am <b>Instructor(s):</b> TONI/ABBIE</p>	<p><b><u>EDGES (^Drop-In)</u></b> Our Edges Class focuses on skating skills and proper edge usage. Must have passed preliminary Moves in the Field test.</p> <p><b>Date:</b> June 8 - August 10, 2018 <b>No Class:</b> <i>June 29 July 13, 27</i> <b>Day(s):</b> Friday(s) <b>Time(s):</b> 11:45am to 12:15pm <b>Instructor(s):</b> COURTNEY</p>
<p><b><u>HIGH SPINS (^Drop-In)</u></b> To be eligible for our High Spins Class you must be able to complete Combination Spins, Change Foot Spins and Flying Spins moving towards IJS levels and requirements.</p> <p><b>Date:</b> June 6 - August 8, 2018 <b>No Class:</b> <i>June 20, 27 July 4, 25</i> <b>Day(s):</b> Wednesday(s) <b>Time(s):</b> 9:15am to 9:45am <b>Instructor(s):</b> ABBIE, COURTNEY, TONI</p>	<p><b><u>HIGH STROKING (^Drop-In)</u></b> To be eligible for High Stroking Class you must have passed Pre-Juvenile Free Style test.</p> <p><b>Date:</b> June 5 - August 9, 2018 <b>No Class:</b> <i>June 19, 26 July 24</i> <b>Day(s):</b> Tuesday(s) <b>Time(s):</b> 9:15am to 9:45am <b>Instructor(s):</b> TONI (Tu)</p>	<p><b><u>HIGH MOVES-N-FIELD (^Drop-In)</u></b> Our Moves In the Field Class will go over; Pre-Juvenile and above skills.</p> <p><b>Date:</b> June 6 - August 8, 2018 <b>No Class:</b> <i>June 20, 27 July 4, 25</i> <b>Day(s):</b> Wednesday(s) <b>Time(s):</b> 6:00am to 6:30am <b>Instructor(s):</b> GINNIE</p>

**HOCKEY POWER SKATE "NEW" (^Drop-In)**

Our objective is to make each player better at the game of hockey by improving their skating skills. This class can help to increase skating strength, power, speed, agility, and/or endurance. Each class will concentrate on specific areas such as; proper body position, better edge control, power, speed, and body conditioning. Our goal is to try and challenge each player within an exciting and fast paced group atmosphere.

**REQUIREMENT:** MUST HAVE BEEN IN THE 2017/2018 HOCKEY LEAGUE .

**Ages:** 6 to 12 (1 year of Hockey League Experience)  
**Date:** June 8 - August 10, 2018  
**No Class:** *June 29 July 13, 27*  
**Day(s):** Friday(s)  
**Time(s):** 5:45pm to 6:30pm  
**Instructor(s):** JENN



**NOTICE:**

1. Figure skaters may be moved to a higher level with the approval of Instructor(s) and the Recreation Supervisor of Ice Rinks.
2. Classes have priority over Free Style.

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## June 4 - August 10, 2018

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### ^Drop-In Class Fee(s):

\$8.00 (Resident) / \$ 9.00 (Non-Resident)



## RULES & REGULATIONS

1. Maximum of 22 skaters per session. Priority; Class, Lesson, then First Come - First Serve.
2. Music will be played 5 minutes into a session. No stopping and restarting music. No preferential treatment will be given for music playing.
3. Music will be played in the order they are received. A double run through is only allowed 2 weeks prior to a competition or test session.
4. Skater in a program or lesson have the right of way.
5. No Dance or Pairs on any Free Style session unless indicated by Management.
6. Respect instructors, parents, employees, patrons and other skaters.
7. Eating, drinking or chewing gum is not allowed on the ice.
8. MOTION ON ICE music will be given preference during it's designated session.
9. Instructor(s) have the right to move students up or down a class(es) depending on the student's skill level, after notifying Management.

## NOTICE: Hockey Camp(s)

**\*SUMMER SKATE SCHOOL WILL BE CANCELLED DURING THESE DATES/TIMES.**

<b>SPIRIT HOCKEY CAMP:</b>	June 18, 19, 20	9:00am to 5:00pm	M-W
<b>ELITE HOCKEY CAMP:</b>	June 25, 26, 27, 28, 29	8:15am to 11:15am	M-F
<b>JR. BLUES MAIN CAMP:</b>	July 13, 14, 15	TBA	F & Sa
<b>JR. BLUES SUMMER CAMP:</b>	July 23, 24, 25, 26, 27	8:15am to 4:00pm	M-F

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**nelson**  
**CENTER**  
*Life's cooler here*